

HAVING HEALTHY BABIES

Dr Ann Tan's greatest pleasure is to "help my patients achieve their dream of having healthy babies"

Dr Ann Tan is the first Singaporean to hold the Diploma of Fetal Medicine from the Fetal Medicine Foundation, an international body that accredits Fetal Maternal Medicine specialists. The former Chief of Fetal Maternal Medicine in the Department of Obstetrics & Gynaecology at the Singapore General Hospital is a dedicated gynaecologist and obstetrician, with a keen interest in prenatal diagnosis and care of both mother and fetus.

A devoted mother of three and dance enthusiast, she believes in public education, contributing regularly to lifestyle and motherhood periodicals and presenting papers at medical forums and congresses.

“
The ability to screen for anomalies will also improve and will get more complex; more understanding by both public and medical personnel are needed to comprehend what is desirable knowledge.

ABOUT ME

- 1 Your favourite thing about your speciality**
The ability to bring joy through the discovery of new life and seeing it through to the delivery of a healthy and wanted child.
- 2 Three words your patients have used to describe you**
Energetic, passionate, professional.
- 3 Work motto**
I always try to do my best for my patients.
- 4 The next big thing in your field**
Helping all mothers, particularly older women, achieve healthier pregnancies by using their own eggs that were saved when they were younger. Men can also use sperms in the same manner.
- 5 Strangest old wives' tale about health you've heard from patients**
When babies have hair, mothers get heartburn.
- 6 Most frequently encountered female problem**
Abnormal menstrual cycles due to hormonal upsets or abnormal vaginal discharge due to infections.
- 7 A problem most women regret not consulting you earlier**
Choosing not to determine their fertility potential earlier when their menses start becoming more irregular and lighter. Ignorance is not bliss. Just get an Anti-Mullerian Hormone (AMH) done.
- 8 Most frequently dispensed advice for women/couples who can't get pregnant**
Try again, but only if both partners are in it together — both have to pull their weight to ensure best-quality eggs and sperms.



Dr Ann Tan
Obstetrician & Gynaecologist

Credentials

MBBS (Singapore)
FRCOG (London)
MMed (O&G)
FAMS (O&G)
Visiting Consultant, SGH

Member of:
• College of O&G Singapore
• O&G Society, Singapore
• International Society of Ultrasound in O&G
• American Society for Reproductive Medicine

Connect

Women Fertility & Fetal Centre
#11-12 Mount Elizabeth
Medical Centre

Tel: 6734 8188

www.anntan.com.sg

Areas of Expertise

- Obstetrics
- Pre-pregnancy
- Antenatal risk assessment
- Fetal growth assessment
- Management of twin pregnancy and other high-risk pregnancies
- Labour and delivery
- Gynaecology
- Infertility
- General women's screening
- Vaginal infections
- Menstrual problems
- Cancer screening
- Contraception
- Management of fibroids, ovarian cysts and endometriosis